



JUMP START

Jump Start - Steps to a Positive Future

Following the pathway to change model and the theory of change, we are looking to support young people from the bottom of the triangle to the top.

Our support focuses on engaging young people, building relationships and trust, young people feeling valued and supported, developing their self-esteem and confidence, making positive choices and aspiring to create a positive future for themselves.

The Pathway to Change model was developed by research led by Ceri Brown and Alison Douthwaite from the University of Bath. See: Brown, C., Douthwaite, A., Savvides, N. and Costas Battle, I. (2022). Five Mechanisms for Tackling the Risks to NEEThood: Introducing a Pathway to Change to Guide Educators' Support Strategies, International Journal of Adolescence and Youth. DOI.org/10.1080/02673843.2022.2130082. Open access: <https://www.tandfonline.com/doi/full/10.1080/02673843.2022.2130082>

The model is also available in a short video for practitioners aiming to support young people at risk of Early School Leaving and NEEThood: <https://vimeo.com/734272477>



Steps to a Positive Future



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STEP 1 Engage

121 weekly meets, connecting with the young person, building relationship and trust.



Steps to a Positive Future



STEP 2 Find their voice

Support the young person to find their voice and identify what their interests are.



Steps to a Positive Future

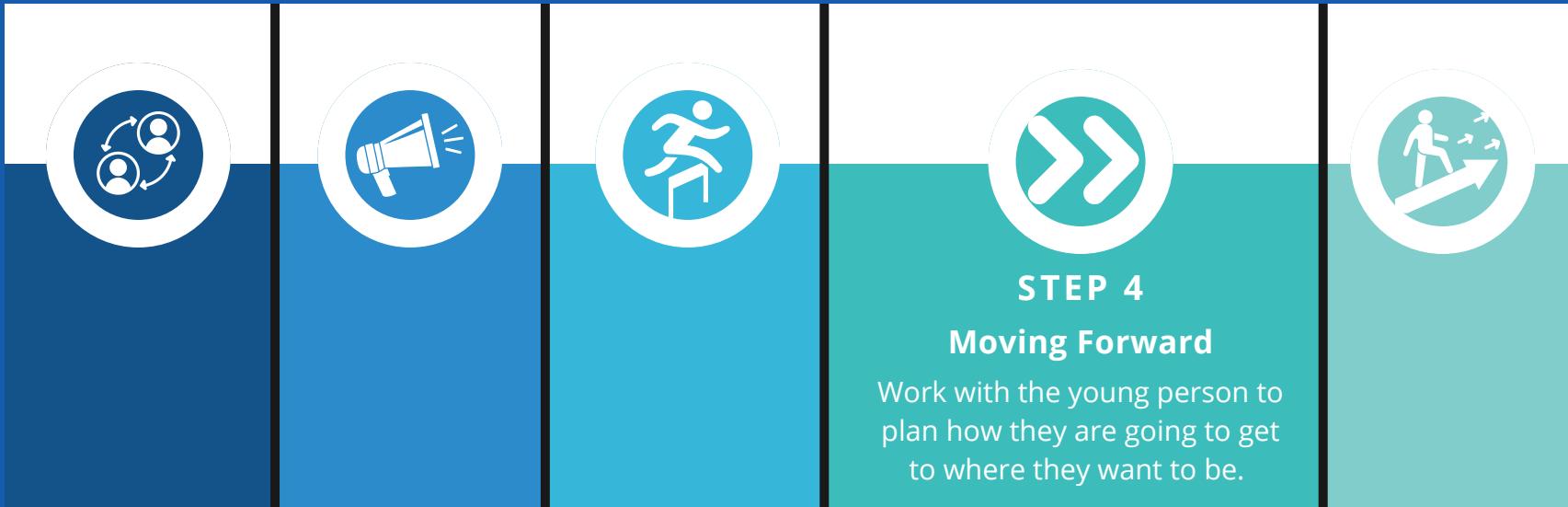


STEP 3

What's stopping them?

Work with them to find what the barrier is and what support they need to get there.

Steps to a Positive Future



Steps to a Positive Future



Jump Start Journey

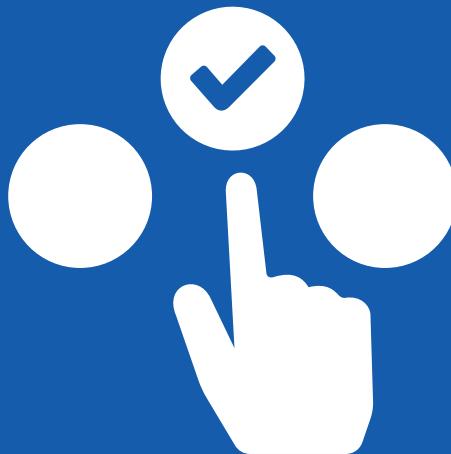




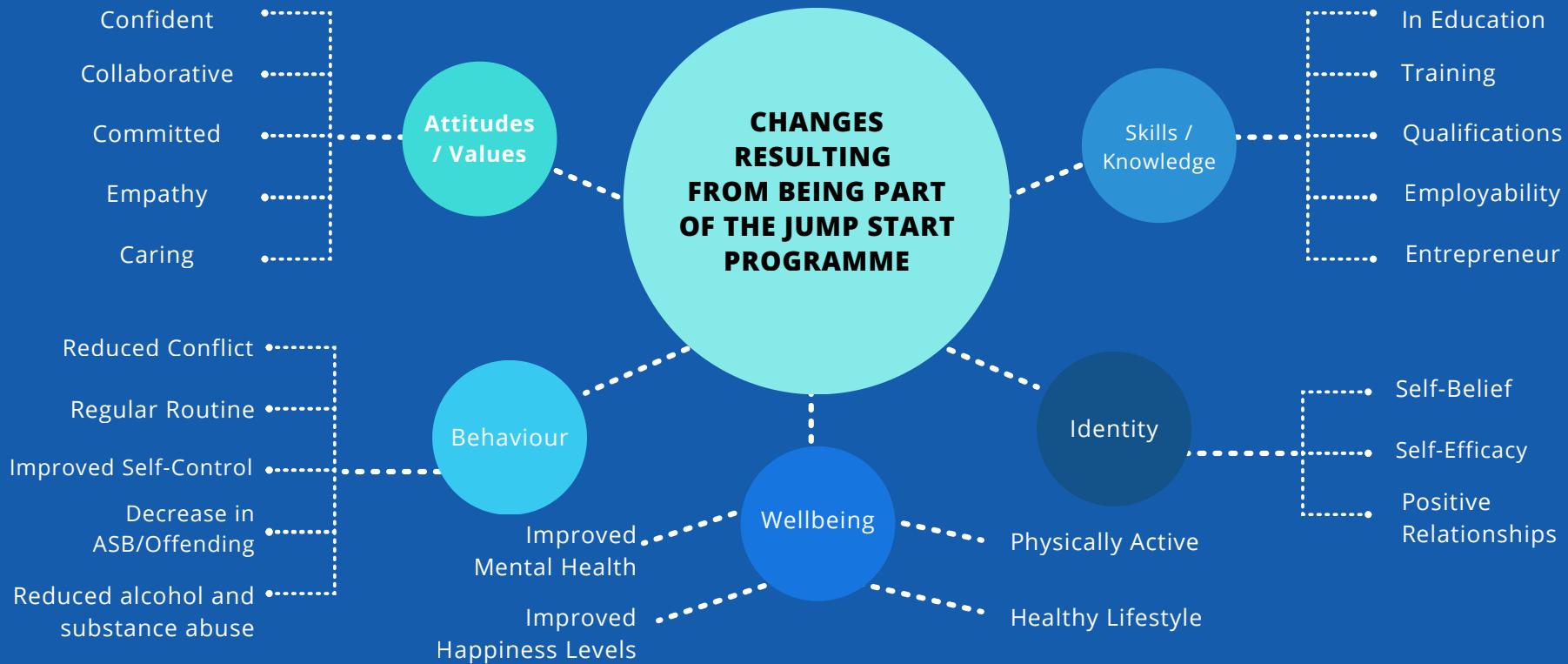
Long-Term Outcomes

Young people making positive choices that provide status and security.

They are constructively engaged and future oriented.



Changes To See





Charlie's Journey



1. Young Person Nominated

Charlie was nominated to us over the COVID-19 pandemic and had recently moved to the area.

2. Matched with Mentor

Charlie was matched with a mentor in the team and an initial meet was arranged through his carer.

3. 121 Weekly Meets

He and his mentor met at the local park to build their relationship by playing football and doing some padwork with the boxing gloves.

Charlie's Journey



4. Clubs

Charlie was really interested in football and boxing. After a period of meeting weekly Charlie and his mentor attended both boxing and football sessions together. He was able to build further trusted relationships with adults and peers. Charlie also attended the Jump Start Club session that was being run in his hometown.

5. Leadership

Charlie completed the Duke of Edinburgh (up to gold level) and is also a Level 1 Multisports Activator. This enabled Charlie to be supported in taking more responsibility at the Jump Start Club and work on some of his 'soft skills' when leading. During this time things took a turn in his personal life and his mentor and the team were able to support him through his leadership but also to maintain his attendance in the boxing and football sessions.

6. Pre Apprenticeship / Apprenticeship

Charlie was given the opportunity to apply for a 'casual' role at one of our Jump Start clubs and holiday activities. As part of this the team put Charlie through both an application and interview process. He also speaks about the project and what it means for him and young people and most notably at the DfE permanent secretary's visit to Somerset. He was also a runner up in Somerset Business Awards 'Young person of the year'.

7. Career

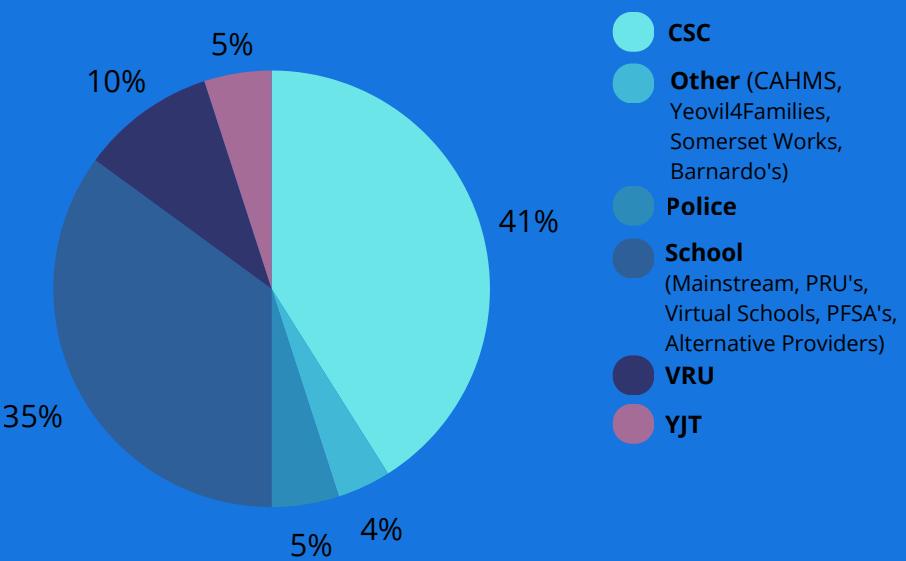
After completing the youth work apprenticeship Charlie will have the opportunity to work as a mentor within the team to support the next generation of Jump Start and develop the programme further

What the data says

Jump Start Oct 2020 - March 2023



Breakdown of organisations nominating to Jump Start



7 8 4

Young people engaged

4 2 3

Successfully progressed to a community setting *Jump Start club, sports club or active group.*

Positive adult seeing them at least once a week

2 2

Successfully completed Jump Start Leadership programme *Recognised Level 1 Qual - Bridgwater & Taunton College*

1 2

Successfully achieved DofE Bronze

Started in 2022 - another 12 this year and 3 doing Silver

6

Paid Jump Start assistants

Applied and interviewed for role

8 1

CLA young people supported

1 7 1

Didn't transition to a Jump Start setting



Laura D
Community
Resilience Young
People Lead



Luke Jackson
Jump Start Ops
Manager



Kate Rowe
Jump Start
Mentor



Dave Egginton
Jump Start
Mentor



Alex Keedwell
Jump Start
Mentor



Aaron McGough
Jump Start
Mentor



Harry Johnson
Jump Start
Mentor



Jazz Holdway
Jump Start
Mentor



Ben Hughes
Jump Start
Mentor



Charlie Bevan
Jump Start
Mentor



Ellie Best
Jump Start
Mentor



Meg Crockett
Jump Start
Assistant



Aden Morrisey
Jump Start
Assistant



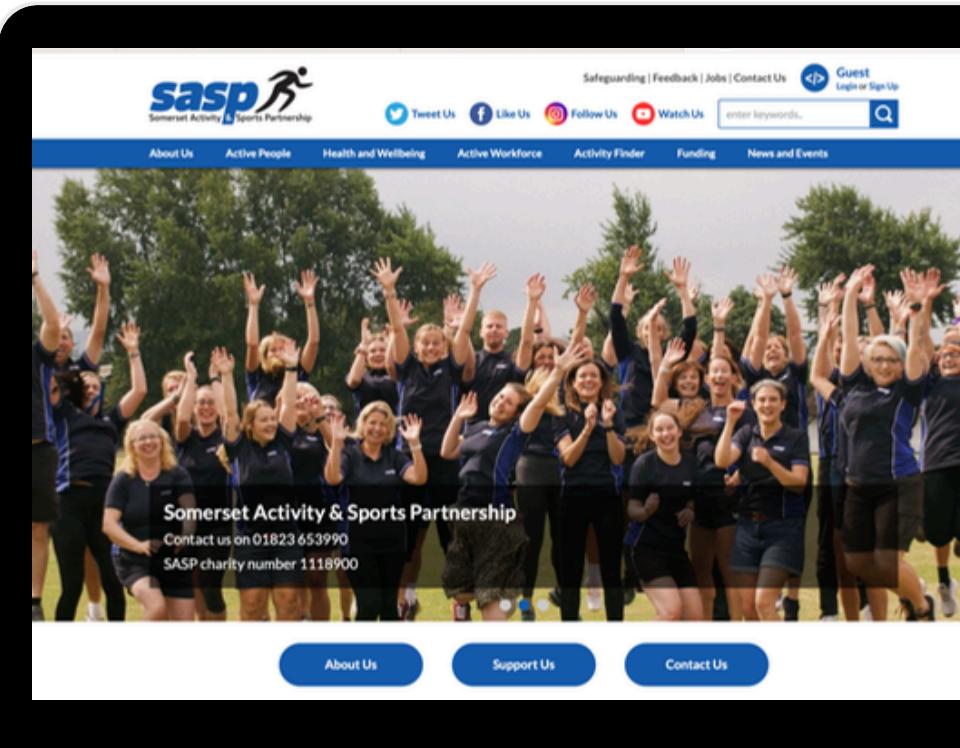
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